July 18 is the substantial completion day for the Warm Springs K-8 Academy. Many of the rooms, plus the gymnasium, are already painted. Community members made a tour of the buildings last week and “I think it’s looking great,” said Urban Ross, advocate of the K-8 project.

“The materials they’re using are top-quality, and the rooms are large,” she said.

During the tour, school board member Laura Duntsch explained details such as where the buses will enter, where parents can drop off the kids, and the locations of the classrooms for the different grade levels. The buses will arrive off Tentis. They can proceed toward the back area of the school, and drop kids off by the commons area for breakfast. The commons is the large area toward the back of the building.

The main building area is 80,000 square feet in size. The new school will have a projected enrollment of 670 students; a few over 200 will be middle Warm Springs students, and over 470 will be in grades k-5.

After the construction work is done in July, the contractor brings in the concrete to go over all the rooms, cleaning everything. Landscaping and work on the spots facing the commons area for the coming months.

Once everything is complete, the building will be turned over to the school district for operation. The month of August will be an especially busy time, when the machinists and other staff move in to the new school, said Glenn DeSousa, Warm Springs Academy principal. In other recent school news, the Confederated Tribes last week hosted the conference of the Oregon Indian Education Association.

Students and other community members visited the K-8 Academy last week during the open house. The commons area is the tall structure in the center; the k-2 wing is the right, and the gymnasium is tall structure to the left.

The tribal farm is entering its second growing season. This week is working on preparing for the next crops.

The initial funding came from the Interim and the Moodys. The month of August will be an especially busy time, when the mechanics and other staff move in to the new school, said Glenn DeSousa, Warm Springs Academy principal. In other recent school news, the Confederated Tribes last week hosted the conference of the Oregon Indian Education Association.

Students and other community members visited the K-8 Academy last week during the open house. The commons area is the tall structure in the center; the k-2 wing is the right, and the gymnasium is tall structure to the left.

The Simnasho-Schoolie Flats water system is at end of June

The Simnasho-Schoolie Flats water system is at end of June. The estimated cost is for completion in late June, said Travis Wells, tribal engineer.

The Simnasho-Schoolie Flats water project, costing about $2 million, will bring safe drinking water from a well near Highway 26 to the residence in the Simnasho-Schoolie Flat community.

The wells located about five and half miles from Simnasho. Building the pipeline from the well to Simnasho was a large piece of the project, along with the pumping at the well site.

For the need of the new system first came to light years ago, when seeing showed the anemic level in the Simnasho-Schoolie Flats domestic water was below Environmental Protection Agency regulation.

Finding the necessary funding was the first hurdle and the tribes contributed several hundred thousand dollars, matched by the EPA, Housing and Urban Development, and Indian Health Service funding.

An added cost to the tribe has been the regular delivery of Earth2o-bottled water to the Simnasho-Schoolie Flats residents since the 2008 funding. This will end this summer, when the pipeline is completed. Construction of the system has taken about a year.
Tax team program helpful to many

The president of the University of Oregon will talk to the Tribal Council this Friday, April 18. The goals of the university are changing dramatically, he said, to reflect the current economy in transition. He continued as the reservation was the space for the service. The community service that Lonny James provides will be greatly missed, as he leaves for a job with the Nez Perce tribe in Idaho. His last day on the job at the Warm Springs CAT will be this Friday, April 18.

The Best Food in Town - No Foolin!

Winning Spirits opening this month at the museum

U of O president talks higher ed with tribes

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The Warm Springs Community Action Team helped hundreds of local residents complete their 2013 tax returns.

This volunteer effort helped the residents collect a total of hundreds of thousands of dollars in refunds. The refund total was at $260,000, as of the end of March. The final refund figure, and the total number of returns filed through the Community Action Team program, will be available soon.

Lonny James, team director, said the program this year relied on just one volunteer, Clint Jack. Last year there were four volunteers, so Clint and Lonny stayed very busy this tax season.

The American Association of Retired Persons helps with expenses, and the Community Action Team provides the space for the service. The community service that Lonny James provides will be greatly missed, as he leaves for a job with the Nez Perce tribe in Idaho. His last day on the job at the Warm Springs CAT will be this Friday, April 18.

The Best Food in Town - No Foolin!

Winning Spirits opening this month at the museum

The Museum at Warm Springs this month will open Winning Spirits: Native American Youth and Athletics. This exhibit will highlight the challenges and accomplishments of Native American athletes. Some of these include Jacoby Ellsbury, Shoni Schimmel, Billy Mills, among others. The Winning Spirits exhibit will also feature items from community members including historic old tournament pictures, jerseys, shoes, balls and sports memorabilia.

Honor Seniors Day on May 9

The Twenty-Fourth Annual Warm Springs Honor Seniors Day is coming up in May. Honor Seniors Day this year will be on Friday, May 9 at the Agency Longhouse. For details please contact the Warm Springs Senior Program at 541-555-3113. Donations are needed along with volunteers.

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Building renovation for new Re-Use It location

The Re-Use It shop is moving to a new location—the building located between the Warm Springs Market and the post office. Diana and Terry Macy, owners of the Warm Springs Market and Re-Use It, are totally renovating the building. "There is new paneling and a new coats of paint inside. There will be more space, as the ceiling is higher, allowing for more shelving," said Terry. The Re-Use It shop will offer expressos and other coffees, ice cream and some baked goods. "There will be specialty foods that we don't offer at the market," said Diana.

The building (above) is being completely renovated. Colby Statuchik and Mike VanHart Aberdeen (picture at left, from left) are doing the renovation work.

The business will feature the thrift store plus a coffee shop area toward the back. Terry's brother Colby Statuchik is the manager of the Re-Use It shop. The shop offers all kinds of thrift store items, including furniture, clothing, toys, jewelry and kitchen-ware, among many items.

At its new location Re-Use It will be more visible to the public, with better parking. There will be more space, as the ceiling is higher, allowing for more shelving, said Terry.

The Re-Use It shop will be at the new location this summer.

Diana and Terry Macy, Warm Springs, Oregon

April 16, 2014

Page 3

Spilyay Tymoo, Warm Springs, Oregon

Warm Springs Community Calendar

Brought to you by KWSO 91.9 FM

Spring Westing

Thursday, April 17

Warm Springs are the after-school food program at Warm Springs Recreation—at 3:45 in the social hall. All Denomination Prayer Services are held every Thursday at 7 p.m. at the agency longhouse. Everyone is welcome.

All are welcome to attend Social Dance Classes Thursdays evenings from 5-7 p.m. in the Community Center aerobics room.

Exercise Classes today in Warm Springs are:

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Functional Fitness at 12:10 in the Community Center Social Hall

Turbo Kick Class is at noon time in the Community Center Aerobics Room

Zumba class is at 12:10 in Pod A at the Health and Wellness Center

Friday, April 18

Exercise Classes today in Warm Springs are:

Low Impact Cardio at 10 a.m. in the Community Counseling Center

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Senior Fitness Class is at 10:45 at the Senior Building Functional Fitness at 12:10 in the Aerobics Room at the Community Center

There is an Easter Egg Hunt planned for Head Start classrooms at Warm Springs ECE on Monday. Check with your classroom teachers to learn more about what time.

Tuesday, April 22

Exercise Classes today in Warm Springs are:

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Functional Fitness at 12:10 in the Community Center Social Hall

Turbo Kick Class is at noon time in the Community Center Aerobics Room

Zumba class is at 12:10 in Pod A at the Health and Wellness Center

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Zumba class is at 12:10 in Pod A at the Health and Wellness Center

The Warm Springs ECE on Monday.

The Community Health Counselor will be giving an update, go over the May agenda, Travel Delegation, Minutes and Draft Resolutions. In the afternoon, there will be a legislative conference call and then enrolments.

April 5-27

Jennifer Dwyer will be holding the Re-Use It shop at the new location this summer.

Warm Springs Market

The store has been in the Macy family since 1944, when Dan Macy and wife Priscilla first owned and operated the market. The Warm Springs Market is celebrating its 75th Anniversary this year, with special events planned in the coming months.

Massey market

The building that is being remodeled for the new Re-Use It location has been vacant, or used mostly for storage, for several years now. Some time ago it was a teen center, and a sporting goods store. As one point it was a market with the name of Massey, no relation to Macy. There was competition between the two stores to serve area, and Dan Macy won the competition, said Diana.

At that point the Macys bought out the Massey market, which has passed down along with the market to the present time.

Your Choice for Change Class begins tomorrow.

National Health Month

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Your Choice for Change Class begins tomorrow.

Memorial for Ella Luana.

VanWormer (picture at left, from left) are doing the renovation work. Diana and Terry Macy, Warm Springs, Oregon

Tribal Council Agenda: This morning, Secretary-Treasurer Jake Suppah will give an update, go over the May agenda, Travel Delegation, Minutes and Draft Resolutions. In the afternoon, there will be a legislative conference call and then enrolments.

Memorial for Ella Luana.

Tribal Council Agenda: This morning, Secretary-Treasurer Jake Suppah will give an update, go over the May agenda, Travel Delegation, Minutes and Draft Resolutions. In the afternoon, there will be a legislative conference call and then enrolments.

Monday, April 21

Exercise Classes today in Warm Springs are:

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Functional Fitness at 12:10 in the Community Center Social Hall

Turbo Kick Class is at noon time in the Community Center Aerobics Room

Zumba class is at 12:10 in Pod A at the Health and Wellness Center

The A&M Running Fun at Warm Springs ECE is at 10 a.m.

Friday, April 25

Exercise Classes today in Warm Springs are:

Low Impact Cardio will be held at the Family Resource Center at 8 a.m.

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Functional Fitness at 12:10 in the Community Center Social Hall

Turbo Kick Class is at noon time in the Community Center Aerobics Room

Zumba class is at 12:10 in Pod A at the Health and Wellness Center

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Zumba class is at 12:10 in Pod A at the Health and Wellness Center

The A&M Running Fun at Warm Springs ECE is at 10 a.m.

Monday, April 28

Exercise Classes today in Warm Springs are:

Low Impact Cardio will be held at the Family Resource Center at 8 a.m.

Low Impact Cardio will be held at the Family Resource Center at 10 a.m.

Functional Fitness at 12:10 in the Aerobics Room at the Community Center

Senior Fitness Class is at 10:45 at the Senior Building

The Community Health Education Team will offer

Functional Fitness at 12:10 in the Aerobics Room at the Community Center

Saturday, April 26

The Sean X. Brunoe Memorial’s Men’s Slow Pitch Softball Tournament will be April 25-27 at Juniper Hills Park in Madras. Interested teams should contact Dunan Brown at 441-728-5845. You can also check the Facebook Sean X Brunoe Memorial Softball Tournament page for updated information.

The Sean X. Brunoe Memorial’s Men’s Slow Pitch Softball Tournament will be April 25-27 at Juniper Hills Park in Madras. Interested teams should contact Dunan Brown at 441-728-5845. You can also check the Facebook Sean X Brunoe Memorial Softball Tournament page for updated information.

Today’s Movin Moun-
Lunch, raffle
Come have a great lunch for a great price at the Com- munity Center Fall Fair on Friday, April 18, from 11 a.m. until 2 p.m. Serving Athena with sunny spring vegetables and Indian sausage. A dish of gar- lic bread. Your choice of a soda or bottled water. How much? you ask... $6.


Veterans Healing Circle
The Veterans and Family Healing Circle begins a week from this Thursday, on April 18, and goes through Sunday, April 27. The gathering this year has the theme Part, Present, Future. Everyone is welcome.

There will be healing cer- emonies, speakers, talking circles, elders’ wisdom, men’s sweat lodge, women’s sweat lodge, washing blood from hands ceremony for veterans and spouses, free healing touch massage, raffles, fun and fellowship. No fees of any kind are charged. Contributions of food, volume time and/or raffle items are greatly appreci- ated. The HeHe Longhouse is located at 4174 Highway 3 in Warm Springs. Thursday, April 24 for travelers and campers; followed by healing touch and pot luck dinner. Friday: Opening ceremonies begin at 6:30 in the high school gym. Everyone is welcome.

Peaceful Spirit
The Peaceful Spirit Ora- tion—Honoring Our Veterans and Family Healing Circle invites you to serve the six Posts in Central Or- egon. Your Ellipt Palmer Post 4217 is one of the most important of your privileges to lead a post. Your primary mission is to provide the performance of guiding—conforming to the Na- tional VFW Bylaws, and the Department of Oregon’s goals.

It is a very important part of our mission is working in our community with Ellipt Palmer Post 4217 programs that include various youth ac- tivities, including scholarships, Teacher of the Year, safety, Military Services (a program designed to help actively deployed veterans and their families), VFW Na- tional Home for Children, and most importantly, providing assistance to needy veterans and their families.

I am pleased to report that your Post, Ellipt Palmer Post 4217, has recently been accepted into the VFW Honor Guard, and is now able to participate in Veteran’s Day Ceremonies.

Teresa Wallulatum.
Gas vouchers help with medical travel

The dollar amounts for vouchers are based on the medical appointment. All street must show proof of drivers license. 

Providers will be given to all clients and cancer patients who can travel on the CER program. For information call 541-553-3205. Meal and care bas- 

Gymnasium shall also be the annual meet- 

Regular Meetings. Regular meetings shall be open. The Tribal 

Daily meetings shall be managed and con- 

The Tribal Council seeking applicants for board positions

The Tribal Council of the Confederated Tribes of Warm Springs Reservation of Oregon, would like to ad- 

Health/Development

New gymnasium

As a tribal member, you may be eligible for a medical 

electoral boards shall guaran- 

During the Warm Springs Academy open house last 

Tribal Council seeking applicants for board positions

The Tribal Council of the Confederated Tribes of Warm Springs Reservation of Oregon, would like to ad- 

Warm Springs Credit

Board of Directors.

The business and affairs of the Enterprise shall be managed and controlled by the Board of Directors.

Regular Meetings. Regular 

The Community Health Education Team offers Free 

Heart lunches

The Community Health Education Team offers Free 

The primary function of 

Medical providers at Indian 

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BIA grants delay in off-reservation casino case

Wisconsin Gov. Scott Walker has been given more time to decide on the Menominee Nation off-reservation casino case. The Bureau of Indian Affairs granted a six-month extension to Walker. He now has until February 19, 2015, to accept or reject the $800 million casino in Kenosha. The tribe supported the request in order for Walker to complete a legal and economic analysis of the project.

Root Feast Rodeo to buck in April

Rodeo action begins late this month with the Root Feast Rodeo and the Open Jackpot Rodeo at the Warm Springs arena. The kids rodeos are on Saturday, April 26, starting at 11 a.m. This is for all youth up to age 17.

The Open Jackpot Rodeo is Sunday, April 27 starting at noon. Call-ins for both days are this Wednesday, April 16. Call Cheryl Tom, rodeo association secretary, after 6:30 p.m. at 541-466-1556. The event runs from 9:30 a.m. on Saturday, and 9-11 a.m. on Sunday, Saturday, 4 p.m. to 7 p.m.

Call riding (7-12 years), cow riding (13-17), novice—rodeo, barrel riding, or bronce riding (6 and under), 7-12, and 13-17.

--Flag race divisions—same as barrel, horseshoe roping, stairway or rodeo (12 and under), breakaway roping (17 and under), calf scramble (12 and under), stake home race (5 and under),

Wild cow race, division—two divisions (12 and under, 13-17) (entry fee is $30 per team). Other events are $10 per event.

--Rodeo action begins later this month with the Root Feast Rodeo and the Open Jackpot Rodeo at the Warm Springs arena. The kids rodeos are on Saturday, April 26, starting at 11 a.m. This is for all youth up to age 17.

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Hepatitis C virus infection: Are you at risk?

Hepatitis C is a virus that can cause liver disease. It can lead to cirrhosis and liver cancer. Hepatitis C is a slow moving disease that can cause damage to the liver from six months to more than 30 years without causing any symptoms. Problems. Because of this, people who have Hepatitis C may not even know they are sick until their liver becomes seriously damaged.

Hepatitis C can affect people at any age, for nearly 10 years, the Centers for Disease Control found that people born in 1945 and 1964 have a higher risk of having hepatitis C.

Hepatitis C is spread in the blood. Any time blood is shared between people, there is a risk of hepatitis C infection. People who share personal items that come in contact with blood, such as used lancets (used for testing blood sugar), syringes, or used razors, who abuse drugs by injecting or snorting them, and people who get a tattoo or piercing with tools that may not be completely clean may be at risk of having hepatitis C.

The good news is that hepatitis C can be treated and cured. The medications needed to treat hepatitis C are available at the Warm Springs Health and Wellness Center on a case by case basis. The bad news is that the medications do not work on everyone, and some people may be resistant to other medical treatments.

To find out more about hepatitis C, stop by the Warm Springs Health and Wellness Center and ask your provider for more information, or be tested.

Quinton! Call Linda at 541-533-2134.

Honorng Traditions of Health

COCC offers business courses

Central Oregon Community College’s Small Business Development Center is giving a short workshop for people contemplating business ownership. The workshop is scheduled for Tuesday, May 20, from 6:30-8 p.m. at COCC Malott Campus from 6-8 p.m. The two-hour session covers all the basics needed to open a business. Cost is $25. Pre-registration required at 541-385-7290 to register.

Let’s Talk Diversity Coalition

Training proves a life-changing experience

Sonya Littledeer-Evans

This all changed when Sonya first attended an Immersive Cultural Competency Training of Trainers.

“Cultural Competency trainings were one of the most life-changing events in my life,” Sonya says. “The first thing I learned was that all the differential treatment I had felt and experienced was real. It was validating and empowering to realize this and discover healthy ways to process it with other people.”

These trainings helped Sonya transform her ability to understand the world through all other walks of life.

“By starting how changed I had done business in my job,” she says, “and then it started changing how I did things in my community, in my job, reorganizing my mind, and personally too.”

Sonya realized she needed to continue this type of work as a trainer. She was able to do so through cultural competency trainings of the Let’s Talk Diversity Coalition.

These trainings help students culturally understand, change policy and social norms, and expand the lens in which we all view the world.

During the coalition’s community assessment, community members across every racial, ethnic and socioeconomic group repeatedly identified community relations in public places as one area needing improvement.

“Our trainings are a direct answer to what the community said they wanted to see improved,” she says.

“The Coalition and its trainings are about creating a safe environment to get together and talk about our different perspectives, and about all the things that make up who we are without blame or judgment.”

Sonya adds, “We get to learn from it, to take away from it, and use it in our daily lives, to change how we do our work and interact with each other in our community at every level.”

By the end of the day, across every different walk of life in that room, the community comes together and heals together.

Sonya concludes that only with a better understanding of each other will we have a more unified and stronger community.

If you are interested in finding out more about the coalition please visit the website: LTKalinditoor.org

Or attend one of our monthly meetings. The next meeting is 12:30 p.m. on Wednesday, July 7. Call 541-325-5001 ext. 4221.

“By the end of the day, across every different walk of life, in that room, the community comes together and heals together.”

Diabetes support monthly meetings

The Diabetes Awareness and Support Group is hosted by the Warm Springs Model Diabetes Program and the Warm Springs Senior Program.

The group meetings are from 5 to 6:30 p.m. at the Warm Springs Senior Center on the following days:

May: 17: Sleep apnea or sleep problems with Dr. Costman.

July: 18: How to keep kidneys healthy with Dr. Tibby.

June 17: Sleep apnea or sleep problems with Dr. Costman.

August 19: I feel good - Why to do I need medications? Blood pressure with Diana Wambaugh, FNP.

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nity College’s Small Business Development Center is giving a short workshop for people contemplating business ownership. The workshop is scheduled for Tuesday, May 20, from 6:30-8 p.m. at COCC Malott Campus from 6-8 p.m. The two-hour session covers all the basics needed to open a business. Cost is $25. Pre-registration required at 541-385-7290 to register.

Cover Oregon helps Tribal communities find health insurance and cover costs to make it low-cost or no-cost.

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Busy month as Culture & Heritage participates in:

Horse Theif - April 4th

Language Knowledge Bowl - April 9th

Oregon Indian Education Association Conference (OIEA) - April 10th & 11th

Language Program Staff

Val Switzer, Director
Josie Blackwolf, Secretary
Arlita Rhoan, Lead Teacher
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Dallas Windstar, Ichishkii
Greg Arquette, Ichishkii
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Education Building

If you have any questions please feel free to stop by the office and talk with any one of our staff.

Culture and Heritage Presents

CAMP NAJMUMA 2014
Age 8-15
July 13-17
July 20-24

Oregon Indian Education Association Conference (OIEA) - April 10th & 11th

Language Latchkey kids learn how to drum with Charles Kalama and Gregory Arquette
(Continued from page 1) Over 100 people attended the OIEA conference, held at Kah-Nee-Ta. The day before the conference, the tribes for the first time hosted the Language Bowl, also at the resort. The Culture and Heritage Department at Modesta Minthorn from Umatilla, coordinated the 2014 Language Bowl, held in conjunction with the OIEA conference. There were close to 90 people in attendance, more than expected, said Val Switzler, director of Culture and Heritage.

The winner this year was the Umatilla team, Weeptes, and Heritage. Switzler, director of Culture and Heritage, said Val was happy about what they had accomplished. The Culture and Heritage Department, and Modesta Minthorn from Umatilla, coordinated the 2014 Language Bowl, also at the resort. The first time hosted the Language Bowl, 2014.

Seven teams competed.

President Obama’s proposed fiscal year 2015 budget for the Indian Health Service includes a 4.5 percent increase in discretionary spending. The proposed IHS budget appropriation is about $4.5 billion, which represents an increase of $200 million over the fiscal year 2014 appropriation. Tribal consultation is fundamental to the IHS budget process, and the proposed budget incorporates tribal priorities and recommendations. The budget request supports and expands the provision of health care services and public health programs for American Indians and Alaska Natives who are members of federally recognized tribes.

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