

EAGLE NEWS

SEPTEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Labor Day No School	3 First Day of School	4	5	6
9 Late Start-9:45	10	11	12 Picture Packets going home with Students	13
16 Late Start-9:45 21st Century Starts	17 Football LaPine@WSK8 At 4:30 Volleyball@Culver 4:00	18 School Pictures Volleyball@Elton Gregory MS 4:00	19 Cross Country@Juniper Hills Park 4:00	20
23 Late Start-9:45	24 Football Culver@WSK8 At 4:30 Volleyball@JCMS 4:00	25	26 Cross Country@Pilot Butte MS 4:30 Volleyball Obsidian at WSK8 4:00	27
30 .ate Start-9:45				

Family Connections Welcome Back

SCHOOL HOURS

Monday's

8:00am-Drop off

9:45-Class Starts

10:00-Breakfast Ends

3:25-Class Ends

WSK8 FALL SPORTS

Volleyball-7th-8th Football-6, 7, 8th Cross Country-6, 7, 8th

Paper work must be turned in before you can practice.

- 1. Current Physical
- 2. Athletic Handbook
- 3. Athletic Expectations

SCHOOL HOURS

Tuesday-Friday

7:40am-drop off

8:15 am class starts

9:00 Breakfast Ends

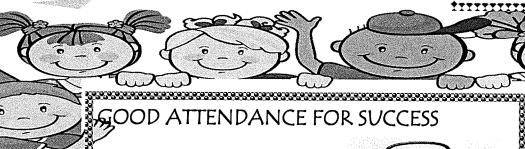
3:25 pm school ends

Bus Information

541 475-3536

After School Messages
Please call by 1:30





EVERY MINUTE

In School COUNTS





<i>G</i> RADE	LUN	CH RECES	SS	LUNCH
KINDE	R/L S	11:35-13	1:50	11:05-11:35
1ST	11:0	5-11:25	11	l:25-11:45
2ND 3RD	11:0	0-11:20	11	:20-11:40
3RD	11:5	5-12:10	11	:35-11:55
4TH	12:0	5-12:25	11	:45-12:05
5TH	11:5	0-12:10	12	:10-12:30
6ТН	12:1	5-12:30	11:	55-12:15
7, 8	12:	16-12:31	12:	01-12:16

Stay Caught up with WSK8

Academy
by listening to
KWSO 91.9 FM

OPEN HOUSE

OCT. 9, 2019

5:30-7:30

Dinner at 5:30

JEFFERSON COUNTY SCHOOL DISTRICT 509-J

September 2019	Buff Elementary, Madr	Buff Elementary, Madras Elementary, Metolius Elementary & WSE K-8 Academy	entary & WSE K-8 Academy	TELATION
MOINDAY	LUESDAY	WEDINESDAY	IHURSDAY	FRIDAY
Student's lunch must include: As choice of ½ cup of fruit or vegetable OR a combination of fruit and vegetables to equal	Student's breakfast must include a ½ cup of fruit.	Breakfast Visiting Children: \$1.50 Adult Price: \$2.00	FREE BREAKFAST & LUNCH FOR ALL STUDENTS	This institution is an equal opportunity provider.
% cup.	A choice of Low Fat Milk is Offered at Breakfast and Lunch. Fresh, canned and frozen fruits and vegetables offered daily.	Lunch Visiting Children: \$2.00 Adult Price: \$4.00	MENU SUBJECT TO CHANGE!	
2 Labor Day!! No Schoo!!	3 Ultimate Breakfast Round Fruit Juice – Applesauce Cup	4 Yogurt Scooby Graham Cinnamon Sticks Fruit Juice - Cranberries	5 Strawberry Pancake Fruit Juice – Strawberry Cup	6 Breakfast Burrito Fruit Juice – Peach Cup
	Cheese Pizza Whole Kernel Corn	Hamburger OR Cheeseburger Baked Oven Fries	Grilled Chicken Fajita Refried Beans	Chicken Tenders Dinner Roll Green Beans
9 Cinnamon Bun Fruit Juice – Mixed Berry Cup	10 Mini Blueberry Waffles Fruit Juice – Banana	11 Benefit Bar Fruit Juice – Peach Cup	12 Turkey Sausage Pancake Fruit Juice – Apple	13 Banana Bread OR Blueberry Bread Fruit Juice – Strawberry Cup
Bean & Cheddar Burrito w/salsa Tater Tots	Sloppy Joe on a Bun Whole Kernel Corn	BBQ Rib Sandwich Baked Oven Fries Vegetarian Beans	Chicken Alfredo Pasta Garlic Bread Stick Garden Peas	Chickenwich Basket OR Fishwich Basket
16 Ultimate Breakfast Round Fruit Juice – Applesauce Cup	17 French Toast Fruit Juice – Banana	18 Cereal - Cheese Wedge Fruit Juice - Strawberry Cup	19 Strawberry Pancake Fruit Juice – Orange Wedges	20 Breakfast Burrito Fruit Juice – Peach Cup
Chicken Cheese Quesadilla Black Bean & Corn Salad	Chili Cheese Bowl Cornbread Muffin	Hamburger OR Cheeseburger Whole Kernel Corn	Turkey Taco Wrap Brown Rice Refried Beans	Sandwich Bar Baked Doritos
23 Yogurt Scooby Graham Cinnamon Sticks Fruit Juice – Raisin Box	24 Mini Blueberry Waffles Fruit Juice – Banana	25 Benefit Bar Fruit Juice – Peach Cup	26 Turkey Sausage Pancake Fruit Juice – Apple	27 Banana Bread OR Blueberry Bread Fruit Juice – Mandarin Cup
Mozzarella Bread Sticks Served with Marinara Sauce Whole Kernel Corn	Macaroni & Cheese Dinner Roll Green Beans	BBQ Rib Sandwich Baked Oven Fries Vegetarian Beans	Italian Spaghetti Garlic Bread Stick	Chickenwich Basket OR Fishwich Basket
30 Cinnamon Bun Fruit Juice – Mixed Berry Cup				
Bean & Cheddar Burrito w/salsa Tater Tots				



STUDENT SAFETY

A critical ingredient in the safe school recipe is the classroom response to an incident at school. Weather events, fire, accidents, intruders and other threats to student safety are scenarios that are planned and trained for by students, teachers, staff and administration.

SRP

Our school is expanding the safety program to include the Standard Response Protocol - Extended (SRPx). The SRPx is based on these five actions. Lockout, Lockdown, Evacuate, Shelter and Hold. In the event of an emergency, the action and appropriate direction will be called on the PA.

LOCKOUT - "Get Inside. Lock Outside Doors" LOCKDOWN - "Locks, Lights, Out of Sight" EVACUATE - "To the Announced Location" SHELTER - "For a Hazard Using a Safety Strategy"

TRAINING

Please take a moment to review these actions. Students and staff will be trained and the school will drill these actions over the course of the school year.

More information can be found at http://iloveuguys.org

LOCKOUT GET INSIDE. LOCK OUTSIDE DOORS

Lockout is called when there is a threat or hazard outside of the school building.



STUDENTS:

- Return to inside of building
- Do business as usual

TEACHERS

- Recover students and staff from outside building
- Increased situational awareness
- Do business as usual
- Take roll, account for students

LOCKDOWN LOCKS, LIGHTS, OUT OF SIGHT

Lockdown is called when there is a threat or hazard inside the school building.

STUDENTS:

- Move away from sight
- Maintain silence

TEACHERS:

- Lock classroom door
- Lights out
- Move away from sight
- Maintain silence
- Wait for First Responders to open door
- Take roll, account for students

EVACUATE TO A LOCATION

Evacuate is called to move students and staff from one location to another.

STUDENTS:

- Bring your phone
- Leave your stuff behind
- Form a single file line
- Show your hands
- Be prepared for alternatives during response.

TEACHERS:

- Grab roll sheet if possible
- Lead students to Evacuation Location
- Take roll, account for students

SHELTER

FOR A HAZARD USING SAFETY STRATEGY

Shelter is called when the need for personal protection is necessary.

SAMPLE HAZARDS:

- Tornado
- Hazmat

SAMPLE SAFETY STRATEGIES:

- Evacuate to shelter area
- Seal the room

STUDENTS:

- Appropriate hazards and safety strategies TEACHERS:
- Appropriate hazards and safety strategies
- Take roll, account for students

HOLD IN YOUR CLASSROOM

Hold is called when the hallways need to be kept clear, even during class changes.

STUDENTS:

- Remain in your classroom
- Do business as usual.

TEACHERS:

- Recover students and staff from hallways
- Close and lock classroom door
- Take roll, account for students





Mr. Vrana's
First Quarter 2019
6,7,8 Pe/Health

Message From The Teacher

The first quarter of school is starting! I hope everyone had a fantastic, exercised filled summer. Please remind students to dress out for class, participate, and use friendly language during class time. Doing these things will earn each desirable grade in Physical Education/Health. Please contact me with any concerns.

Reminders

- ✓ Please remember that students need to wear their uniform to receive points in PE.
- ✓ School provided uniforms for each student.
- ✓ Rentals are available

Fitness Tips

- >Please remember to continue exercise outside of class!
- >Try new activities
- >It's HOT, keep

hydrated with water!

Contact the Teacher

• Email: svrana@509j.net

• Phone: (541) 553-1128

What's Coming Up...

- >Fitness Testing
- >Flag Football
- >Volleyball
- >Health

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>Team Building

Thank You, Mr. Vrana

2019 - 2020

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First Student Day-**Grades Attending**

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No School-Statewide	Inservice	*End of 1st Quarter	No School-Teacher	Grading Day
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25 Memorial Day

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*End of 3rd Quarter No School-Teacher

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Grading Day

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Make-Up Days Due to Emergency Closure

*Last Student Day

8-19 Potential School

Regular Student School Day

Late Start School Day Holiday