

# CASCADES EAST AHEC MEDSTARS

## ***What is MedStars?***

**MedStars** is an opportunity provided by the Cascades East Area Health Education Center for high school students in the Cascades East region (*Deschutes, Jefferson, Crook, Lake, Grant, Harney or Klamath counties and the Confederated Tribes of Warm Springs*). Students will engage, explore and learn the vast career opportunities available in health care. **MedStars** inspires and nurtures students' curiosity to learn about the intricate health care systems through various hands-on activities, learning simulations, daily career speakers and lecture series. Students will leave with a better understanding of the many health care career opportunities, and the skills required to succeed in a competitive field.

**For summer 2019, MedStars will take place the week of June 23<sup>rd</sup>-28<sup>th</sup>.**

Activities may include:

- Campus visit to the Health Careers Center at Central Oregon Community College
- Exploring the science labs at Oregon State University- Cascades Campus
- Job shadowing opportunities at the St. Charles Bend Hospital
- Wilderness medicine activities
- Engaging with health care professionals in various fields and specialties of medicine
- Participating in hands-on activities

## ***Who are the students?***

**MedStars** will host 32 high school students in each session- *with preference given to students entering their senior year*. All applicants must be 16 by the start of camp. Each application must be accompanied by a letter of recommendation from a teacher, counselor, or employer who can speak on behalf of the student's interest and drive for a health care career. **Most importantly, these adult advocates are responsible for communicating with the student and ensuring that the student will commit to the program's requirements, most importantly, commit to attending.** Recommenders will play a crucial role in working with our office to ensure that the student will attend MedStars.

## ***Important MedStars dates***

January 16 <sup>th</sup>	Application becomes available. A link to the application can be found on our website, under PROGRAMS, then SUMMER CAMPS
March 22 <sup>nd</sup>	Application deadline. All applications must be received or postmarked by this date.
April 5 <sup>th</sup>	Applicants will receive notification of application status. Accepted applicants will receive 'student commitment forms', which must be completed and returned by April 20 <sup>th</sup> .

April 30th

All student commitment forms must be submitted by this date.

June 23<sup>rd</sup>-28<sup>th</sup>

MedStars is a 5 ½ day summer camp. The programs will begin on Sunday late afternoon and end on Friday at noon.

## ***Where is MedStars?***

**MedStars** will take place in Bend, Oregon. Students will reside in a college dormitory at the Oregon State University- Cascades Campus. Students will have the opportunity to experience life on a college campus. **MedStars** activities will be held throughout Central Oregon, with support from local partnerships including St. Charles Health Systems in Bend, Central Oregon Community College, and Volunteers in Medicine.

Students are expected to provide their own transportation to and from Bend. Transportation will be provided during the course of the program.

## ***Questions?***

Contact any of the CEAHEC staff in Bend.

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