



PAPALAXSIIMISHA & COMMUNIITY HEALTH

Beginners Yoga Virtual Class

INSTRUCTED BY: JENNIFER ROBBINS
EMPLOYEE WELLNESS COORDINATOR

Thursday's 12:10pm-12:50pm
Beginning Jan 21st

Join Zoom Link

<https://us02web.zoom.us/j/87354819331>

All community members are welcome and encouraged to join. There will be limited amount of yoga mats distributed if you need one, please contact Jillisa Suppah
jillisa.suppah@wstribes.org

