



PAPALAXSIMISHA & COMMUNITY HEALTH

VIRTUAL BEGINNER STRENGTH TRAINING & CARDIO



Instructed by: Jennifer Robbins
Employee Wellness Coordinator



MONDAY'S | 12:10PM-12:50PM
BEGINNING FEB 22ND

Join Zoom Link

<https://us02web.zoom.us/j/84778544285>

All are welcome and encouraged to attend. More
info contact Jillisa Suppah

