

Guidelines for talking to patients

Updated: 3.8.2022

If you test Positive for COVID-19 (Isolate)	
Everyone, regardless of vaccination status.	<ul style="list-style-type: none">• Call Community Health to report the positive test at 541-553-5512• Stay home/isolate for 5 days.• If you have no symptoms or your symptoms are resolving (no fever for 24hrs without the use of medication) after 5 days, you can leave your house/isolation.• Continue to wear a mask around others for 5 additional days. If you cannot (or will not) wear a mask, stay home for 10 days after testing positive or symptoms started. <p><i>If you have a fever, continue to stay home/isolate until your fever resolves.</i></p>

If you were Exposed to Someone with COVID-19	
Everyone, regardless of vaccination status or prior infection	<ul style="list-style-type: none">• Recommend wearing a mask around others for 10 days after exposure• Test with a home test kit if you develop symptoms, or 5 days after exposure• Avoid unnecessary visits with high-risk people (those who are immunocompromised or live in a congregate setting ie. Nursing home, shelter, jail, multiple family house, etc.) <p><i>If you develop symptoms and live with someone who tested positive, call Community Health, they will make you a presumptive case</i></p> <p>**Anyone who develops symptoms after an exposure needs to isolate for at least 5 days after symptoms started.</p>