

# BE PREPARED for a Day in the Snow!

## WEAR

- Waterproof coat and pants
- Synthetic fiber long underwear (no cotton or denim)
- Gloves
- Hat
- Scarf
- Synthetic socks  
(one layer only, thin is best)

## BRING

- Goggles or sunglasses
- Personal water bottle
- Extra snacks
- Bag for your personal items
- Change of dry clothes for return trip

