



# MOTHER SUPPORT GROUP

Open to moms with babies of all ages

**Date:**  
**June 13th, 2025**

**When:**  
**11:00AM-1:00Pm**

**Where:**  
**IHS Atrium**



A welcoming space for moms to connect and share experiences support for postpartum recover, breastfeeding, sleep, and more expert guidance on infant care, self-care, and mental health

Meet other moms in a judgment-free environment

Gain confidence in your parenting journey

Opportunity to weigh baby and check milk intake after feeding

**CALL NOW**

541-553-2352

[dominique.lugo@wstribes.org](mailto:dominique.lugo@wstribes.org)



# Choose when you work. Love what you do.

Full benefits. Paid time off. Your schedule.



**NewHorizons**  
In-Home Care



**\$20/hr**

Become a caregiver and do meaningful work that makes a difference. Call 1-877-NH-CARES to learn more.



# NEW HORIZONS CAREGIVERS

\$20/HR

APPLY AT  
[NHCARES.COM](http://NHCARES.COM)



**HOUSING  
HEALTH  
BASIC NEEDS  
SOCIAL SECURITY  
EMPLOYMENT**

# **MADRAS & WARM SPRINGS DROP-IN SERVICES**

Come see us for connection to local resources for housing, health, basic needs, benefits assistance and more.

## **WARM SPRINGS HOUSING AUTHORITY**

1238 SW Veterans Way  
Warm Springs

## **JEFFERSON COUNTY PUBLIC HEALTH**

500 NE A St. Suite 102  
Madras

**TUESDAY**  
9AM - 12PM  
1PM - 3PM

**THURSDAY\***  
10AM - 3PM

*\*SE HABLA ESPAÑOL*



[www.thrivecentraloregon.org](http://www.thrivecentraloregon.org)



[info@thrivecentraloregon.org](mailto:info@thrivecentraloregon.org)



541-728-1022



[@thrivecentraloregon](https://www.instagram.com/thrivecentraloregon)



## Summer 2025 Classes in Madras

### COMMUNICATION

COMM 111Z - Public Speaking

### EDUCATION

ED 240 - Learning Through Play

### HEALTH & HUMAN PERFORMANCE

HHP 212A - AHA BLS Provider CPR

HHP 252 - First Aid & BLS Provider CPR

### MATH

MTH 95 - Intermediate Algebra

### WRITING

WR 121Z - Composition I

### Contact us:

541.550.4100

madrascampus@cocc.edu

### Office Hours:

Mon - Thurs 8 a.m. - 8 p.m.

Friday 8 a.m. - 5 p.m.

Saturday 9 a.m. - 3 p.m.



Scan this code or log into your Bobcat Web account to register:

[cocc.edu/home/student-login](https://cocc.edu/home/student-login)

## Register NOW! Classes start June 23rd!

Deadline to register is June 22nd , 7 p.m.



In advance of College events, persons needing accommodation or transportation because of a physical or mobility disability, contact Campus Services at 541.393.7237. For accommodation because of other disabilities such as hearing impairment, contact Disability Services at 541.393.7583.

# LEGAL CLINICS

**June 2, July 7, August 4**

**9 a.m. to Noon**

Warm Springs Community Action Team  
1136 Paiute Avenue

If you qualify for services, we can help with:

- Expungement of a conviction
- Tenant rights
- Employee rights
- Protection from domestic violence
- Public benefits
- Will drafting
- Estate planning

To make an appointment call 541-668-8352 or email  
[lauren.guicheteau@lasoregon.org](mailto:lauren.guicheteau@lasoregon.org)

*Walk-ins are welcome but may need to wait.*



**Legal Aid  
Services of Oregon**

Legal assistance  
provided by:



**Native  
American  
Program  
Legal Aid  
Services of  
Oregon  
(NAPOLS)**

**Legal Aid Services  
of Oregon** is a non-  
profit law firm that  
offers **free** civil legal  
services to low-  
income people.



Central Oregon Community College

# Foundation Scholarships

The COCC Foundation awards hundreds of scholarships to students each year



## Change your life forever!

### > AWARD AMOUNTS

**Up to \$5,000  
per year**

### > CRITERIA

- COCC student enrolled in any program
- Minimum 2.0 cumulative GPA
- Enroll in at least 6 credits per term
- Submit a FAFSA or ORSAA



CENTRAL OREGON  
community college  
FOUNDATION

### APPLY ONLINE

Submit an application online starting

February 1 and August 1

**[cocc.edu/scholarship](http://cocc.edu/scholarship)**



## Bringing WorkSource Services to the Tri-County Communities!



Come see MERV our Mobile Employment Resource Van at one of the locations & times below.  
"Weather Permitting"



### Services Available:

1. Job Search Assistance
2. Interview Preparation
3. Resume Development
4. Career Guidance

# Warm Springs Community Center

THURSDAY, JULY 17<sup>TH</sup> 1-3:30

THURSDAY, JULY 31<sup>ST</sup> 1-3:30

## worksource | OREGON

Contact Matt at [molsen@coic.org](mailto:molsen@coic.org) or (541) 280-8419 to schedule an event or appointment

WorkSource Oregon is an equal opportunity employer, primarily financed with funds provided through East Cascades Works, the Higher Education Coordinating Commission and from the U.S. Department of Labor. Auxiliary aids and services and alternate formats are available to individuals with disabilities, TTY/TDD - dial 711 toll free. Language services are available at no cost to individuals with limited English proficiency upon request.